



## Swimathon FAQ's 2022

The Lions Club of Jersey and staff at Les Quennevais Sports Centre look forward to welcoming you for the 50th Lions Swimathon which is taking place from Wednesday 9 March to Sunday 13 March, 2022.

We want you all to have a safe and enjoyable experience and, in order to alleviate any concerns for the event this year, we've compiled a list of frequently asked questions.

### **What can the teams do to help minimise the risks associated with COVID?**

Please take an LFT prior to joining your team for the event.

Please use hand sanitizer before entering the building.

Arrive at the pool 20 to 30 minutes before your allocated swim time.

Teams should remain together and always give space to swimmers who are not in your team.

Please feel free to come 'beach ready' to reduce use of the changing rooms.

### **Parking**

Don't forget to display your yellow parking disc in the car park – we don't want anyone getting fined!

### **What about check-in?**

Please hand your sponsorship form and money to your team captain as normal. The team captains should take these and check-in at the Lions reception desk in the lobby, as normal.

### **Are the changing rooms open?**

The centre changing rooms are open. Swimmers should minimise the time spent in the reception by changing and then mustering in the pool hall at the deep end before their swim starts.

### **Is the hoist available?**

Our changing room with ceiling track hoist and changing bed is open; we also have the pool hoist available. This can be used on either side of the pool.

*See you in the pool!!*



### **Are the lockers available?**

Lockers are available. You will need a £1 coin but you can bring your kit bag onto poolside if you wish.

### **Will team photographs be available?**

We've got a photobooth located on poolside; take your team photo before swimming and share on social media.

### **Badges**

Remember that you can order your own commemorative badge from LAB-6. Please email your request to Lab-6 at [info@lab-6.co.uk](mailto:info@lab-6.co.uk)

### **How will you maintain distancing on poolside?**

Teams should go into the pool hall as soon as they are changed. The photobooth is on the right-hand side so please allow enough time to get the photos! Teams should wait on the raised area as normal.

Please maintain a 2m distance from Geoff.

This year, as we return to normal, all teams will be starting from the shallow end.

At the end of the hour, the teams are to vacate the pool in an orderly manner, maintaining distance from other teams.

When you've finished swimming, you should exit either to the changing rooms if you need to use them, or directly out through the pool hall exit. Please do not loiter in the lobby area.

### **Lap Counting**

As last year, the lap boards will be at the shallow end so teams can count their own laps – no cheating now!

*See you in the pool!!*



**Can my friends and family watch from the balcony?**

The balcony is open so they can all come along to support you. We request that all friends and family take an LFT before coming to the centre. It is warm up top so please remember to bring tell them to bring water and keep hydrated. In order to reduce congestion in the lobby, we request that friends and family vacate the centre once you have stopped swimming.

**Do we have to wear masks?**

There is no requirement to wear masks in the centre

**Is there a possibility that the event will be cancelled?**

Both the Lions and the Sports Centre are following the guidance issued by the Government of Jersey. If there are changes to government policy then there is always the possibility but we hope not!

**What if I feel unwell?**

If you have symptoms of Coronavirus then please take an LFT and give the Swimathon a miss until next year.

**I've seen the café has closed; will you have catering?**

The sports centre sells water and Lucozade sport at reception. Jacky from [www.finchys.je](http://www.finchys.je) will be on site for superb coffees and light refreshments.

**Has Melvin the Lion had a PCR test?**

Melvin has not had a PCR test but he has had both vaccinations

**How many times will Geoff play YMCA?**

We reckon 12 times a day. If you do have any specific music requests please let him know.

*See you in the pool!!*